

Activities and Awards Questionnaire

Directions:

Please fill out the form below by listing the information requested. Use as much space below each heading as necessary. If a heading does not apply, please leave blank.

1. Physical Therapy Observation Experience:

Please list the PT observation experiences you have completed. Include the name of the facility, type of setting (pediatric, out-patient, hospital, nursing home, rehab, home health, etc.), physical therapist supervisors, and total hours at each site.

- *Renaissance Therapy, Columbia, MO: August 2017-December 2017 – 24 hours*
 - Kathy Awesome, PT, DPT, OCS
 - Out-patient ortho
- *University Hospital, Columbia, MO: March 2017-June, 2018 – 15 hours*
 - Andrew Excellent, PT, DPT
 - Acute care, pediatrics
- *Jeff City Manor, Jefferson City, MO: July 2019-August 2019 – 10 hours*
 - Liz Incredible, PT, DPT, GCS
 - Geriatric, nursing home

2. Education History:

Please list your educational history following high school. Include college/university attended with dates, degrees earned or working toward.

University of Missouri, Columbia, August 20__ - present

Bachelors of Health Science, Rehabilitation Sciences, anticipated graduation May 20__

State Fair Community College, Sedalia, MO, August 20__ - May 20__

Associates Degree

3. Employment History:

Please list last five years only. Include dates, your role/title/leadership, and the average number of hours worked per week. This employment does not have to be in a health care related field.

University of Missouri School of Health Professions: October 20__ -Present

Columbia, Missouri

Clerical Assistant, 8 hours/week

- Direct incoming calls to appropriate departments while critically thinking to answer a wide array of questions about the School of Health Professions
- Maintain a tidy work environment and offer assistance to academic advisors as needed

Boys and Girls Club of the Capital City: June 20__ - October 20__

Jefferson City, Missouri

Marketing Intern, 20 hours/week

- Assisted in the planning of two large fundraising events for this non-profit organization. The first event raised over \$150,000, and the second event raised over \$22,000
- Responsibilities included recruiting participants for the event, managing table sales, communicating with donors and sponsors, and overseeing the operations of the event

Youth Development Professional, 20 hours/week

- Cared for a group of twenty 6 and 7 year olds during a summer camp program while encouraging positive behaviors and managing disciplinary actions
- Maintained a lively classroom on weekday afternoons and discussed behavioral concerns with parents

4. Volunteer/Service Experiences:

List last five years only. Include dates, your role (including leadership) in those activities, and the number of hours you have participated. These experiences do not have to be in a health care related field and may be associated with sorority/fraternity/organizational involvement.

Cub Hub: January 20__-May 20__

Columbia, Missouri

Volunteer, 70 hours

- Cub Hub is an organization under the University of Missouri College of Education that serves student parents
- Served 5 hours each week at a daycare for student parents in the Columbia area. My responsibilities were to maintain the space, communicate with international student parents, and care for the children while their parents studied

Mizzou Alternative Breaks: March 20__

Kissimmee and Orlando, Florida

7-day service trip

- Partnered with the Opportunity Community Ability spring break camp for children and adults with cognitive, physical, and behavioral disabilities to provide assistance with daily activities
- Served families of children with life-threatening illnesses at Give Kids the World by delivering food, coordinating group activities, and hosting special events for the guests

Mizzouthon: March 20__

Columbia, Missouri

Volunteer Participant, 13 hours

- Participated in a 13.1-hour dance marathon to raise money for the MU Children's Hospital

Mission Trip Club: November 20__ and 20__

Memphis, Tennessee

5-day service trip

- Traveled with a group of peers to serve at inner city schools for a week-long mission trip in 20__ and then returned for a second trip in 20__
- While at the schools, we assisted teachers by reading with individual students, cleaning classrooms, and participating in the daily functions of the school

- Volunteered at the St. Jude's marathon by setting up and serving water at fuel stations for the runners

Alpha Phi Omega: Active member January 20_ – present
Columbia, Missouri

- Exceeded minimum requirement of 20 service hours a semester by participating in opportunities such as food bank, Habitat for Humanity and community clean ups
- Raised money for our philanthropies: Boy Scouts of America and Boys and Girls Club of the Columbia Area

5. Research Activities:

Please list dates, your role (including leadership) in the project, number of hours you participated, and any authorship and presentations.

Department of Public Health: August 20_ - Present
Columbia, Missouri

Research Assistant, 5 hours/week

- Obtained CITI IRB Certification
- Learned to measure pain pressure thresholds and operate the BIODEX machine to measure isokinetic unilateral muscle strength in a participant's knee
- Evaluated and corrected variables using in Microsoft Excel data spreadsheets and the IBM SPSS system for managing and statically analyzing data of patients who experienced a traumatic brain incident
- Managed responses to an online survey for patients experiencing pain using Microsoft Excel data spreadsheets and REDCap data collection and management software
- Monitored and delivered participant compensation information using Microsoft Excel data spreadsheets and REDCap for data collection and management of online compensation survey responses

Department of Biology, University of Missouri: May-June 20_
Columbia, Missouri

Research Assistant, 3 hours/week

- Excel data spreadsheets and REDCap data collection and management software
- Author on poster presentation for Campus Research Day
Briedwell T, Ruppel M, Dannecker E. Wind Beneath the Wings: Development of a Skills Course in the Final Semester of a Biology Program. *University of Missouri Campus Research Day*, Poster Presentation. Columbia, April 20_.

6. Honors and Awards:

Please list the honors and awards you have earned in the last five years.

- Curator's Scholar Award May 20_-Present
 - \$4,500 renewable annual scholarship granted by the University of Missouri
 - Awarded based on academic achievement
- John B. Hopkins Scholarship May 20_-Present
 - \$2,000 renewable annual scholarship from the Diocese of Jefferson City
 - Awarded based off of living a virtuous Catholic life, need for financial aid, and academic achievement
- Mizzou Alumni Scholarship May 20_

- \$1,000 non-renewable scholarship from the University of Missouri
 - Awarded due to academic achievement and status as a legacy scholar
- Veteran of Foreign Wars Award May 20_ Jackson High School
 - Awarded to one student from the graduating class who displayed qualities of leadership, academic success, and achievement throughout high school
- Employee of the Month, *Mizzou Rec Center*, March 20_.

7. Training or Certifications:

List any current training or certifications that you have completed.

- First Aid/CPR Certified August 20_
 - Basic Life Support for Health Care Providers
 - Basic First Aid Principles
- Certified Strength and Conditioning Specialist, June 20_