

STAYING  UPER

WITH

MUSCULAR DYSTROPHY

TEAM 2

I HAVE MUSCULAR DYSTROPHY



MUSCULAR DYSTROPHY AFFECTS MY MUSCLES.



SOMETIMES, IT MAKES ME FEEL TIRED AND WEAK.

BUT I HAVE A TEAM WHO MAKES ME FEEL BETTER!



AND FRIENDS WHO ARE LIKE ME!

MY DOCTOR GIVES ME SUPER MEDICINE!



MY OT HELPS ME DO MY EVERYDAY SUPERHERO TASKS!



MY PT KEEPS ME STRONG AND STRETCHY!





IT'S IMPORTANT TO DO MY EXERCISES,



BUT EVEN SUPERHEROES NEED  
BREAKS WHEN THEY GET TIRED!

I DO MY EXERCISES TO STAY SUPER AND HEALTHY!



SOMEDAY MY PLAYING WILL LOOK DIFFERENT, BUT THAT'S OK!



I CAN DO THE SAME ACTIVITIES AS EVERYBODY ELSE!



EVEN AS I CHANGE, I WILL ALWAYS STAY SUPER!

