

ACTIVITY CONFIGURATION: GETTING DRESSED TO BE 'PUT TOGETHER' FOR WORK

Name: _____

date: _____

time	activity	components	Way to change something [modify/ adapt] based on hypothesis	Madeline has just returned from head injury rehabilitation	Madeline has arthritis
700am	Check weather for day	<p>Scanning to find the remote</p> <p>Manipulating the buttons for channel, volume</p> <p>Attending to the info</p> <p>Making an association between the info and appropriate clothing options</p>	<p>Set the TV so the weather channel is the 'turn on' station automatically</p> <p>Leave TV on with volume down so she can refer back to the weather if she forgets</p>		
705am	Select basic clothing [underwear, pants, top]	<p>Remembering where items are stored</p> <p>Manipulating the drawers, hangars</p> <p>Scanning to find desired items</p> <p>Matching the pieces for a 'put together' look</p>	<p>Consider putting a week's worth of outfits together on the weekend when there is more time</p> <p>Take pictures of a 'put together' outfit for future reference</p> <p>Lay out the outfit on the bed</p>		
710am	Select accessories	<p>Keeping basic clothing in mind</p> <p>Manipulating drawers, shelves</p>	<p>Consider having a couple of standard sets of accessories during this challenging</p>		

	[shoes, jewelry, jacket]	Scanning to find desired items Matching the pieces for a 'put together' look	period to reduce the thinking required		
720am	Complete personal hygiene [bathe, brush teeth, deodorant]	Remembering to complete all the parts Locating products, devices Manipulating the devices	Post a card on the wall reminding about parts that are getting lost [e.g., did you put on your deodorant? in a strategic place] Make a basket of items needed so they are all in one place		
735am	Additional personal hygiene [hair, makeup]	Remembering to complete all the parts Locating products, devices Manipulating the devices	Same options as above		
745am	Put outfit on	Coordination required to get into each item on Sequencing items properly Remembering all the parts	With items laid out on bed, having them right there will be a reminder		
750am	Go to breakfast				

Table 8.5: Madeline's 'getting dressed' routine with an analysis