HEALTH SCIENCE - HEALTH AND WELLNESS EMPHASIS ADVISING WORKSHEET

NAME: _________________________ DATE: _________________________ STUDENT ID #: _________________________

UNIVERSITY OF MISSOURI GENERAL EDUCATION

<table>
<thead>
<tr>
<th>Semester</th>
<th>Grade</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Δ English 1000: Exposition and Argumentation*</td>
<td>□</td>
<td>□</td>
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<tr>
<td>Δ College Algebra or equivalent (3 credits)*</td>
<td>□</td>
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<tr>
<td>□ Math Reasoning Proficiency Course*</td>
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<tr>
<td>□ History 1100, 1200, or Political Sci 1100</td>
<td>□</td>
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<tr>
<td>□ 1000+ level Writing Intensive*</td>
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Biological, Physical and Mathematical Sciences - 9 hours

9 hours fulfilled by Professional Emphasis Requirements

Physical Sciences [Must be approved Physical Science for General Education]

Behavioral and Social Sciences - 9 hours

9 hours fulfilled by University and Professional Emphasis Requirements

Humanities and Fine Arts - 9 hours

3 hours fulfilled by Professional Emphasis Requirements

(12 or more credits of a single foreign language may be used to fulfill this requirement)

Depth of Study - Students must have at least one 2000 level or above course in Biological/Physical/Mathematical Science or Humanities/Fine Arts:

* = designates courses where a C- or better is required  | Δ = Major requirement, Not waived by MO AA

IMPORTANT DEGREE INFORMATION

The health and wellness emphasis will prepare students for application to clinical or graduate programs in fields such as public health, accelerated nursing, or health education and promotion. The health and wellness emphasis may also prepare students who have appropriate work experience as an undergraduate to work in fields such as health and human services non-profit organizations and corporate health promotion and wellness programming.

120 hours required to graduate with degree. 30 of last 36 hours must be taken at MU.

Students must complete their last 30 hours as a declared Health Science major in their chosen emphasis area.

Hours Completed: _________  Cumulative GPA: _________

School of Health Professions - Student Services | University of Missouri | 101 Lewis Hall

HEALTH SCIENCE CORE & EMPHASIS COURSES

A grade of C- or better (or Satisfactory) is required for all core and emphasis courses.

HEALTH SCIENCE CORE COURSES  Grade of C- or better (or Satisfactory) is required

<table>
<thead>
<tr>
<th><strong>Core courses may only be repeated once.</strong> Semester</th>
<th>Grade</th>
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</thead>
<tbody>
<tr>
<td>□ Hlth Sci 1000: Intro to Health Professions (3 hrs)</td>
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<tr>
<td>Course Notes: Open to all majors</td>
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<tr>
<td>□ Hlth Sci 2100: Health Sciences Seminar (1 hr)</td>
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<tr>
<td>Course Notes: Restricted to Health Science majors, Junior standing advised, Required prerequisite for Hlth Sci 4975 and 4985</td>
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<tr>
<td>□ Hlth Sci 3300: Public Health Principles and Practice (3 hrs)</td>
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<tr>
<td>Course Notes: Restricted to Health Science majors during Early Registration, Writing Intensive and Honors sections available</td>
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<tr>
<td>□ Hlth Sci 3900: Intro to Research Process (3 hrs)</td>
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<tr>
<td>Course Notes: Restricted to Health Science majors, Junior standing required, Writing Intensive course, Fall and Spring only</td>
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<tr>
<td>□ Hlth Sci 4300: Health Care in the United States (3 hrs)</td>
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<tr>
<td>Course Notes: Restricted to Health Science majors during Early Registration, Sophomore standing required, Honors sections available, Fall and Spring only</td>
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<tr>
<td>□ Hlth Sci 4480: Clinical Ethics (3 hrs)</td>
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<td>Course Notes: Restricted to Health Science majors, Junior standing required, Writing Intensive sections available</td>
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<tr>
<td>□ Hlth Sci 4975: Internship in Health Science (1, 3 or 6 hrs)</td>
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<td>Course Notes: Capstone requirement, Restricted to Health Science majors, Junior standing and 2100 required, 50 clock hours/credit hour</td>
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<tr>
<td>□ Hlth Sci 4985: Healthcare Organization and Leadership (3 hrs)</td>
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<tr>
<td>Course Notes: Capstone requirement, Restricted to Health Science majors, Senior standing and 2100 required</td>
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PROFESSIONAL EMPHASIS COURSES  Grade of C- or better is required

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<thead>
<tr>
<th>Semester</th>
<th>Grade</th>
<th>Credits</th>
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<tbody>
<tr>
<td>□ Biological Science 1010/1020 or 1500</td>
<td>□</td>
<td>□</td>
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<tr>
<td>□ CDS 2190: Medical Terminology</td>
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<td>□ Commun 1200: Public Speaking</td>
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<td>□ HDFS 2400: Lifespan Human Development</td>
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<td>□ Hlth Sci 3400: Global Health</td>
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<td>□ Hlth Sci 3600: Health Promotion Planning</td>
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<td>□ Statistics 1200, 1300 or ESC PS 4170 *</td>
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Choose one additional Biological/NEP course:

Bio Sc 2100: Infectious Disease, Pth As 2201: Human Anatomy Lecture, NEP 2380: Diet Therapy for HP, Microb 2800 or 3200: Microbiology, MPP 3202: Elements of Physiology

Choose one Health Literacy Course:

Hlth Sci 4400: Culture and Health Literacy, Hlth Sci 4410: Humanism and Hlth Literacy, Hlth Sci 4420: Behavioral Compliance and Hlth Literacy
### AREA 1: SOCIAL / BEHAVIORAL

- Anthro 2030: Cultural Anthropology (3)
- Anthro 3540: Human Biology and Life History (3)
- Anthro 4360: Medical Anthropology (3)
- Anthro 4580: Evolutionary Medicine (3)
- ESC PS 2000: Experiencing Culture & Diversity in the US (3)
- ESC PS 4185: Health Behavior: Drugs & Sexuality Education (3)
- HDFS 2300: Multicultural Study of Children & Families (3)
- HDFS 2450: Human Sexuality Across the Lifespan (3)
- OR Psych 2810: Human Sexuality (3) [only count one]
- HDFS 3420: Early & Middle Childhood (3)
- OR Psych 2410: Developmental Psychology (3)
- HDFS 3440 (3) Adulthood and Aging
- OR Soc 4210: Sociology of Aging (3)
- HDFS 3430: Adolescence and Young Adulthood (3)
- Hlth Sci 3500: Mental Health (3)
- Hlth Psych 3100: Applied Behavioral Analysis and Autism (3)
- PRT 3220: Intro to Recreation for Individuals w/ Disabilities (3)
- Phil 2440: Medical Ethics (3)
- Psych 2210: Mind, Brain & Behavior (3)
- Psych 2220: Drugs & Behavior (3)
- Psych 2510: Abnormal Psychology (3)
- Psych 3430: Social Development in Childhood (3)
- Psych 3830: Health Psychology (3)
- Psych 3870: Sleep & Sleep Disorders (3)
- Psych 4210: Physiological Psychology (3)
- Soc Wk 4350: Deaf Culture: A Social Work Perspective (3)
- Soc Wk 4395: Death, Grief, & Loss (3)
- Soc Wk 4400: Domestic Violence (3) + OR WGST 4400: Contemporary Issues in Domestic Violence (3)

### AREA 2: MEDICAL / BIOLOGICAL

- Anthro 3540: Human Biology and Life History (3)
- Bioch 2112: Biotechnology in Society (3)
- CDS / CPD 4500: Bioterrorism in Healthcare (1)
- Chem 4600: Introduction to Radiocommetry with Lab (3)
- CDS / CPD 3200: Essentials of Pathology (2)
- Hth Pr / PT 4250: Human Kinesiology (3)
- Hlth Sci 2200: Nuclear Weapons (3)
- MPP 4202: Medical Physiology (4)
- MPP 4204: Medical Pharmacology (5)
- Micro 4304: Immunology (3)
- Nurse 3200/60: Pathophysiology and Therapeutics (3-4)
- NEP 2222: Landscape of Obesity (3)
- NEP 2450: Nutrition throughout the Life Span (3)
- NEP 4850: Physiology of Exercise (3)
- PT 4420: Foundations of Therapeutic Exercise (3)
- Pth As 2203: Human Anatomy Lab (2)
- Pth As 4220: Forensic Pathology & Death Investigation (2)
- Rad Sci 4303: Radiation Safety (3)
- Radiology 4328: Introduction to Radiation Biology (3)

### AREA 3: ADMINISTRATIVE / LEADERSHIP

- AFNR 2120: Working with Data Using Excel (1)
- Agricultural Sys Mgmt 4020: Agricultural Safety & Health (3)
- Architectural Studies 4760: Health Care Facilities Design (3)
- Commun 3572: Argument & Advocacy (3)
- Commun 3575: Business & Professional Communication (3)
- Commun 4476: Organizational Communication (3)
- Hlth Sci 4001: Various Topics (1-3)
- Hlth Sci 4500 Health Care Management
- OR Management 3000: Fundamentals of Management (3)
- Hlth Sci 4510: Essential Tools for the Health Care Leader (3)
- Management 4020: Human Resource Management (3)
- Management 4030: Organizational Behavior (3)
- Marketing 3000: Principles of Marketing (3)
- Marketing 4220: Consumer Behavior (3)
- Poli Sci 4110: Congress and Legislative Policy (3)
- Poli Sci 4160: Interest Groups (3)

### HEALTH SCIENCES ELECTIVES TAKEN

<table>
<thead>
<tr>
<th>Course</th>
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<th>Grade</th>
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<tbody>
<tr>
<td>Hlth Sci 4400: Culture &amp; Health Literacy for Healthcare Prof. (3)</td>
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<tr>
<td>Hlth Sci 4420: Behavioral Compliance &amp; Health Literacy (3)</td>
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+ only one can count toward 120, considered duplicate credit

*Students must complete 18 credit hours from below course listing. At least 9 credit hours must be from 3000/4000 level courses. Students must complete coursework in at least two of the three areas below.*