

Truman Tiger

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EDUCATION

University of Missouri Columbia, Missouri
Bachelor of Health Science in Athletic Training
Dean's List 6/7 semesters

Anticipated Graduation: May 20__
GPA: 3.9/4.0

ATHLETIC TRAINING PROGRAM CLINICAL EXPERIENCE

Wrestling Team – University of Missouri, Columbia, Missouri August 20__ - Present

- Create rehabilitation plans and progressions for injured athletes to increase range of motion, strength, balance, proprioception, stabilization, and functionality for an efficient return to play
- Document SOAP notes on new injuries and illnesses, keep daily progress notes, and update maintenance records in the Sports Injury Maintenance System (SIMS)
- Perform weight certifications to monitor athletes' lowest allowable weight

Men's and Women's Track and Field – University of Missouri, Columbia, Missouri January 20__ - May 20__

- Developed, implemented, and monitored prevention strategies for at-risk athletes allowing for safe physical activity
- Provided first aid coverage for visiting teams and managed emergencies with a team of six
- Prepared hydration stations and stocked medical kits before each competition ensuring all necessary resources were available during events
- Built rapport with athletes by explaining injuries and providing encouragement during treatment

Varsity Football – Jefferson City High School, Jefferson City, Missouri August 20__ - December 20__

- Collaborated with an athletic training team of three to provide first aid, taping, and hydration during games and practices
- Organized equipment and stocked supplies in the athletic training facilities for use in treatment
- Consult with athletes and answer questions about injuries and rehabilitation plans providing excellent care

INVOLVEMENT

Sigma Eta Rho Columbia, Missouri
Member August 20__ - Present

- Attended bi-weekly chapter and new member meetings to stay up to date on fraternity events and reports
- Participated in numerous professional development networking events and information sessions to build connections and learn about post-graduate opportunities
- Contributed in several philanthropic events across campus to support our beneficiary Adult Day Connection

MEMBERSHIPS & CERTIFICATIONS

National Athletic Trainers' Association (NATA) Member Since: November 20__
Missouri Athletic Trainers' Association (MoATA) Member Since: November 20__
CPR/AED for Professional Rescuers- American Red Cross Certified Until: May 20__
First Aid- American Red Cross Certified Date: January 20__